

year marks the 9th Annual National Women's Health Week.

National Women's Health Week is a week celebrated across America. During this week, families, communities, businesses, government, health organizations and other groups work together to help educate women about steps that they could take to improve their physical and mental health, and to prevent various disease.

This week is also used as an opportunity to educate our population about important health issues that women face.

This resolution recognizes the importance of several things, including preventing diseases that commonly affect women; federally funded programs that provide research and collect data on common diseases in women, and it also calls on women to observe National Women's Checkup Day by receiving preventive screenings.

It is vitally important that women have knowledge about the health risks that confront them, and that they know they can greatly reduce those risks through preventive measures such as a healthy lifestyle and regular medical screening.

Healthy habits should begin at a young age. It is imperative that we take the time to educate young girls on the benefits of exercise and eating right. If these habits start at a young age, it is more likely that they will continue through their life.

It is important and essential we do everything we can to prevent disease. In this spirit, I encourage women to use this week to focus on the necessary checkups and preventive screenings from their health care providers so that they can live long, healthy and productive lives.

I urge full support and passage of this very important measure on behalf of the women of our country.

Mr. TIM MURPHY of Pennsylvania. Mr. Speaker, I now yield as much time as she may consume to the gentlewoman from Tennessee (Mrs. BLACKBURN), a leader and advocate on women's health issues.

Mrs. BLACKBURN. Mr. Speaker, I thank the gentleman from Pennsylvania (Mr. TIM MURPHY) for the leadership that he brings to our Health Subcommittee.

I also want to thank the gentlewoman from California (Mrs. CAPPS) for her attentiveness to women's health issues. She is an effective advocate.

And to the gentleman from New York (Mr. HINCHEY) for his leadership on the issue, and for honoring us, all women, with the resolution and bringing the resolution forward to the body as a whole.

Mr. Speaker, as has been discussed, this is House Concurrent Resolution 331, and I do join my colleagues in encouraging all of us, not only to support the resolution, but to be effective spokespeople for what the resolution means; that we move forward, actively,

to encourage women to gather the information that they need, because indeed, one of the purposes is to encourage women to seek information, to become health conscious and as the gentleman from New York said, to develop those healthy habits.

And it is not only adult women that we are speaking to, but it is to young girls also as they look at diet, as they look at exercise, as they gather information about how to best take care of themselves. And we do encourage them to seek that information, to get regular checkups, to become knowledgeable of the preventive screenings that will help them to stay healthy and to enjoy a better quality of life.

One thing that we also do is encourage women to have that relationship with their primary care physician, somebody that they can go to to gather the information about how to become knowledgeable on taking care of their bodies.

We've talked a little bit about some of the diseases that affect women, fibromyalgia, depression and, of course, postpartum depression, which concerns us all with the young women and those in the child-bearing years.

Heart disease also and some of the screenings that are important for that. And as the gentleman from Pennsylvania said, there is the website where individuals can access this information.

But we do stand together to promote prevention and awareness for disease management so that the women of this Nation are certainly taking better care of themselves, and are knowledgeable on the diseases that could impair their quality of life and their productivity.

Again, I join my colleagues and thank them for the leadership on Resolution 331. And I appreciate the opportunity to stand and speak on the importance of this, and again, encourage all Members, not only to support it, but to actually be certain that we disseminate this information to our constituents.

Mr. TIM MURPHY of Pennsylvania. Seeing as we have no more speakers, we're willing to close at this point and again draw attention and thank Mr. HINCHEY for his support on this resolution. I ask all Members to be supportive of it.

With that, I yield back the balance of my time.

Mrs. CAPPS. I want to thank again the authors of this resolution, Mr. HINCHEY, who is here, and MARY BONO MACK, who is also the other coauthor; and to thank the speakers on behalf of this resolution. And again, to remind us all the importance of Women's Health Week, setting aside the time to call attention to the importance of women taking care of their own health and providing the resources so they can do this, because it's women's health at stake, but also, often since the woman is the primary instigator within the family, and often the community as well, of the health of every member,

that this serves a purpose that is very important to the health of our Nation.

I yield back the balance of my time.

The SPEAKER pro tempore (Mr. MURPHY of Connecticut). The question is on the motion offered by the gentlewoman from California (Mrs. CAPPS) that the House suspend the rules and agree to the concurrent resolution, H. Con. Res. 331.

The question was taken; and (two-thirds being in the affirmative) the rules were suspended and the concurrent resolution was agreed to.

A motion to reconsider was laid on the table.

CELEBRATING THE 60TH ANNIVERSARY OF THE STATE OF ISRAEL

(Mr. HARE asked and was given permission to address the House for 1 minute.)

Mr. HARE. Mr. Speaker, I rise today to celebrate the 60th anniversary of the modern State of Israel. Since its founding in 1948, Israel has flourished as the only true democracy in the Middle East, and established itself as America's greatest ally in the region.

Mr. Speaker, last August I had the pleasure of visiting Israel with several of my colleagues, where I met with top officials and I toured the country. While I have many fond memories of my trip, I was particularly moved by the people's steadfast devotion to their homeland.

In the town of Sderot, a constant target of rocket attacks from neighboring Gaza, I met a woman who simply said to me, "We can't move from here. This is our home." Her resilience and perseverance is indicative of the spirit of the Israeli people.

Amid constant threat from surrounding countries and terrorist groups, it is critical that the United States stand in solidarity with Israel as she fights to protect her people.

Mr. Speaker, my experience in Israel is one that I will never forget, and I look forward to the day when Israel can live in peace with its neighbors.

COMMEMORATING THE 60TH ANNIVERSARY OF THE STATE OF ISRAEL

(Mr. DENT asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. DENT. Mr. Speaker, I rise today to commemorate the 60th anniversary of the State of Israel, like my colleague just before me.

The State of Israel has held out the promise of hope for many who have endured centuries of oppression. It was established by those who sought peace, but has had to endure perpetual conflict.

From the date of its inception, Israel's neighbors declared war upon the country and attempted to destroy it. Two major wars erupted after the initial conflict of 1948, and even today